3: Hambly E-8 (1929-1930) 1934 FP13 Mbundu FP13

226 962 spear eight feet long, the end of which consisted of ten sharp prongs of palm stem (Plate LXXIII, Fig. 1).

[171] Near Cangamba in eastern Angola, fishing in the Kwando River occupied numerous men and women of the mixed tribes in the district, namely, Vachokue, Luchazi, and Babunda. Men paddled into midstream in small bark canoes from which fishing operations were directed. The fishermen carried small conical string nets, which were attached to stakes in such a way that the openings of the nets faced upstream. Vachokue women, working in pairs, dragged baskets against the current (Plate LXXXV, Figs. 1, 2).

AGRICULTURE AND COOKING

343 243 *Osila* is the Umbundu word for the granary which stands on wooden supports (Plate XLIV, Fig. 1); this osila is for the restricted family, and there is one osila for every house. The Ovimbundu store their corn in bulk, but in the Esele country I noted that the cobs themselves were carefully packed. Each Ocimbundu girl cultivates a small patch of ground, the produce of which she is at liberty to sell in order to buy brass ornaments, beads, and palm oil.

[432]

241 In addition to maize, barley, oats, and wheat, with here and there a little rye, are occasionally grown. There are three colors of beans, red, white, and black. There is no attempt to keep the varieties [651] separate, so they cross-fertilize freely. The Ovimbundu try to [438] cultivate a surplus of beans and maize which they use to pay their taxes to the Portuguese, likewise to sell at the stores of traders.

252 512 Corn is pounded on the rock which has been used for generations after it has been consecrated by sprinkling the blood of a chicken. Pounding begins as early as five o'clock in the morning, before sunrise, and from that time to sunset the pounding-rock is in use. The [521] rock is evidently regarded as a meeting place for social intercourse; it is undoubtedly the center of village gossip so far as the women are concerned (Plate XXXVI, Fig. 2).

As corn alone is considered a poor food, it is sprinkled on boiling water to which beans are added. Cooking goes on from early morning to sunset over a slow fire. Children sometimes receive as their evening meal a thick plastic cake of mushed corn to which green leaves of a squash are added.

252 There are five kinds of manioc resembling one another in general appearance, but the Ovimbundu distinguish the plants, and reserve for each what they consider to be appropriate preparation. The method varies for sweet and bitter varieties of manioc.

3: Hambly 8-6 (1929-1930) 1934 FF13 Mbundu FF13

Men are exclusively the makers [462]
musical instruments, and males are the musicians. Men are the [534]
only persons engaged in warfare and administration, and the enjango
or council house is used exclusively by males. Men follow the [756]
occupation of medicine-man, in which there is considerable specialization. Female practitioners deal with pregnancy and women's ailments. In addition to the tasks for women mentioned above, the following are staple occupations: collecting firewood, drawing water, caring for infants, making pottery, weaving baskets, dancing, and singing. Young girls share these activities with older women.

The foregoing categories explain division on the grounds of sex. 463
Degrees of specialization are not so easy to formulate, but in general a man follows some one occupation, for example wood-carving. Then within this occupation there is specialization in the making of drums, domestic utensils, or figurines.

Almost any woman could make pottery or baskets, but the difference in skill leads naturally to concentration in the hands of [432]
expert potters and basket-weavers respectively. These sell their wares to those who either do not make such articles or are inept at the process.

STANDARDS OF CONDUCT, MANNERS, AND SALUTATIONS

The parents of a child, also his maternal uncle, assume respon- 861
sibility for training in the precepts and standards given here. The 867
maternal uncle, who is the mother's oldest brother, is particularly interested because he has to pay fines should his sister's children commit thefts. The evidence indicates that the home and restricted family have formative influences over the conduct of children.

Children are beaten if they tell lies, answer old people rudely, or steal food. Ngonga says that his "stealing hand" was once placed in the hot leaves of the cooking pot. If a child steals an egg which is cooking, the hot egg is held between the culprit's hands.

One cannot fail to notice the quiet and unobtrusive way in which children sit in the presence of their elders both in the home and in [858]
the council house. Children do not speak when their elders are in conversation, unless addressed.

A child, likewise an adult, receives a gift with both hands. The [576]
implied idea is that reception with one hand is a depreciation of the gift. If a child holds out one hand, the hand is slapped. When receiving, an Ocimbundu says "*kaku*," literally grandfather or elder. Colloquially the word is used to mean greeting, "I thank you," or "I beg your pardon."